

KEYNOTE SPEAKER

Does It Matter How We Feel in the Workplace?

Dr. Lola Mason

Director of Organization Development,
Carnegie Mellon University

This workshop will introduce the research from positive psychology and emotional intelligence which shows how our moods and emotions affect our energy level, creativity, decision making, and ability to work with others.

Topics include:

- What makes us happy and what doesn't.
- The scientific evidence to foster creativity and collaboration.
- How your brain tricks you and influences your emotional state.
- A few proven techniques to increase positive emotion.

MISSION

The mission of the Westmoreland Human Resources Association (WHRA) is to provide human resource professionals with opportunities to become educated, to receive informational updates, and to network.

WHRA HISTORY

The Westmoreland Human Resources Association (WHRA) was founded in March 1998. Formerly, the association was known as the Jeannette, Irwin, and Latrobe Area Personnel Association. The Association is a chapter of the Society for Human Resource Management (SHRM). WHRA has historically offered outstanding benefits for HR practitioners and their employers.



WHRA
PO Box 710
Murrysville, PA 15668



11th Annual Conference

"HR Track & Field"



**Constantly Training to
Expand HR Knowledge**

Seton Hill University
Greensburg, PA

May 19, 2009



Welcome to the 2009 WHRA Conference Meet.

We take great pride in offering you a valuable educational experience with subject matter experts presenting on critical "events" in Human Resources. Our program is designed for our members, their guests and other business leaders who have the desire to succeed in managing HR today.

MEET EVENT SCHEDULE

VENDOR Showcase Open All Day

7:30 - 8:30 Registration & Breakfast **Cecilian Hall**

Welcome by Kathy Shirey, WHRA President

8:30 - 9:35 **MEET 1** pick one event

Event 1: "Generational Differences in the Workplace"

Location: Room 402
Presenter: Brenda Vester, Vice President, Lee Hecht Harrison

Event 2: "Recruiting and Retaining Generation Y"

Location: Room 405
Presenter: John "Buddy" Hobart – President and Founder, Solutions 21

Event 3: "How to Conduct an Investigation"

Location: Room 409
Presenter: Lenette Seibel - Experience Human Resources Professional

Event 4: "Spa Treatment for Your HR Career"

Location: Room 407
Presenter: Phyllis Hartman – Principal, PGHR Consulting, Inc.

9:35 - 10:30 **MEET 2** pick one event

Event 1: "The Power of Productivity: Getting (and Staying) Organized in Today's HR Office"

Location: Room 402
Presenter: Jill Revitsky – President, Discover Organizing

Event 2: "Recruiting Trends"

Location: Room 405
Presenter: Eric Harvey – CEO, Lionce, LLC

Event 3: "Dramatically Improving the Impact of HR: How to run HR like a Business"

Location: Room 409
Presenter: Michael Couch – Pres., Michael Couch & Assoc.

Event 4: "New Executive Compensation Rules"

Location: Room 407
Presenter: Rodney Cottrell – President, Corporate Compensation Partners

10:45 - 11:15 **VENDOR SHOWCASE** – Room 206 Admin. Bldg.

11:15 – 1:00 Lunch - Cecilian Hall
Presentation of 2009 HR Professional Award

KEYNOTE EVENT:

"Does It Matter How We Feel in the Workplace?"

Event Presenter: Dr. Lola Mason –
Director of Organizational Development, Carnegie Mellon University

1:00 - 1:25 **VENDOR SHOWCASE** – Room 206 Admin. Bldg.

1:25-2:30 **MEET 3** pick one event

Event 1: "Waking Sleeping Beauty"

Location: Room 402
Presenter: Diane Word – Instructional Designer, Giant Eagle

Event 2: "Online Learning: Boring or Beneficial"

Location: Room 405
Presenter: Jim Hazen – President, Applied Behavioral Insights

Event 3: "Building an Onboarding Program"

Location: Room 409
Presenter: Celeste Calfe – President, Calfe & Associates

Event 4: "Employer Responses to Current Environment: Employee Benefit Issues to Consider"

Location: Room 407
Presenter: Frances Horn, Co-National Practice Leader, Willis HRH Consulting

2:30 - 3:35 **MEET 4** pick one event

Event 1: "Developing an Engaged Workforce"

Location: Room 402
Presenter: Jason Lioy, Human Resource Business Partner, Phillips Respirationics

Event 2: "Overview of the EEOC and the Laws it Enforces"

Location: Room 405
Presenter: Joe Hardiman – Pittsburgh Area Director, Equal Employment Opportunity Commission

Event 3: "The Power Women in Business"

Location: Room 409
Presenter: Leia Shilobod – President, InTech Solutions, Inc. & Founder, Leia & Associates

Event 4: "Managing Employee Benefit Programs during Today's Economic Conditions"

Location: Room 407
Presenter: Mike Boyd – Vice President, Employee Benefits, Willis HRH Consulting

3:35 – 4:00 Closing/Raffle/Afternoon Snack **Cecilian Hall**

The 11th Annual WHRA Conference is hosted by:



11th Annual WHRA Conference "HR Track & Field" Tuesday, May 19, 2009 Seton Hill University

Early Registration Incentive (before April 15, 2009)

- \$60 WHRA/Affiliate Organization Members
- \$110 Prospective Members
- \$20 Students

Registration Fees increases by \$10 on April 15

Name _____
Company _____
Address _____
Phone _____
E-mail _____

REGISTRATION DEADLINE May 1, 2009

Pending Approval for 5.25 HRCI Recertification Credits
(if approved, must be present for all education sessions to receive full credit)

Check here if you need a certificate

WHRA Affiliate Organization: _____
* Affiliate organizations include SHRM and any recognized SHRM chapter
How did you hear about the conference?

***Please submit a registration form for each person attending**

Make checks payable to:
Westmoreland Human Resources Association

Assistance for persons with disabilities:
Seton Hill University is accessible for persons with disabilities. Check the box below if you will require assistance at the conference.

I will require assistance while attending.

REGISTER ONLINE www.WHRA.org or

Mail form and payment to:

WHRA
PO Box 710
Murrysville, PA 15668
Phone: 724-523-2101
Fax: 724-543-1233
E-mail: info@whra.org